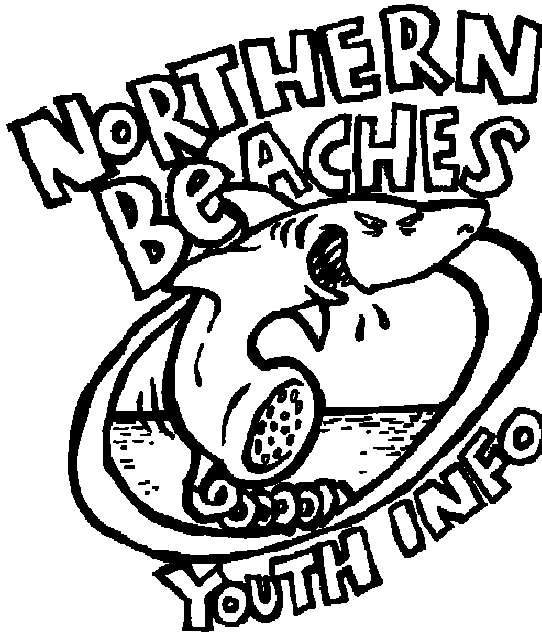


Manly, Warringah & Pittwater



Youth Services Directory

2008/2009

A Project of Peninsula Youth Services Inc.

EMERGENCY INFORMATION

Police / Ambulance / Fire..... 000

Police

Manly.....9977 9499
Dee Why.....9971 3399

Poisons Information Centre..... 131 126

Hospitals

Manly.....9976 9611
Mona Vale.....9998 0333

Crisis Mental Health Team.....9976 9611

Docs Helpline..... 132 111

Kids Helpline.....1800 551 800

Lifeline..... 131 114

Transport

Train, Bus, Ferry..... 131 500
Manly, Warringah Cabs..... 131 668

Crimestoppers.....1800 333 000

All services are available 24 hours



Internet Access

This directory is also available on the internet at:

- www.warringah.nsw.gov.au
- www.manly.nsw.gov.au
- www.pittwater.nsw.gov.au

Peninsula Youth Service Inc.

Peninsula Youth Services Inc (PYS Inc.) is an incorporated interagency of youth related services operating on the northern beaches of Sydney (incorporating Manly, Warringah and Pittwater local government areas). Meetings are held bi-monthly to provide a forum for information exchange, investigation, lobbying, providing advice and linking services. For further information or for additions, corrections and deletion, contact Manly Council Youth Services on 9977 5599.

Additional Notes

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You are free to copy and to distribute any of the pages within this booklet.

Artwork is courtesy of the Warringah Council Graffiti Project.

This edition produced and updated by Warringah Council Youth Service

Useful Websites

- www.reachout.com.au
- www.kidshelpline.com.au
- www.lifeline.org.au
- www.beyondblue.org.au

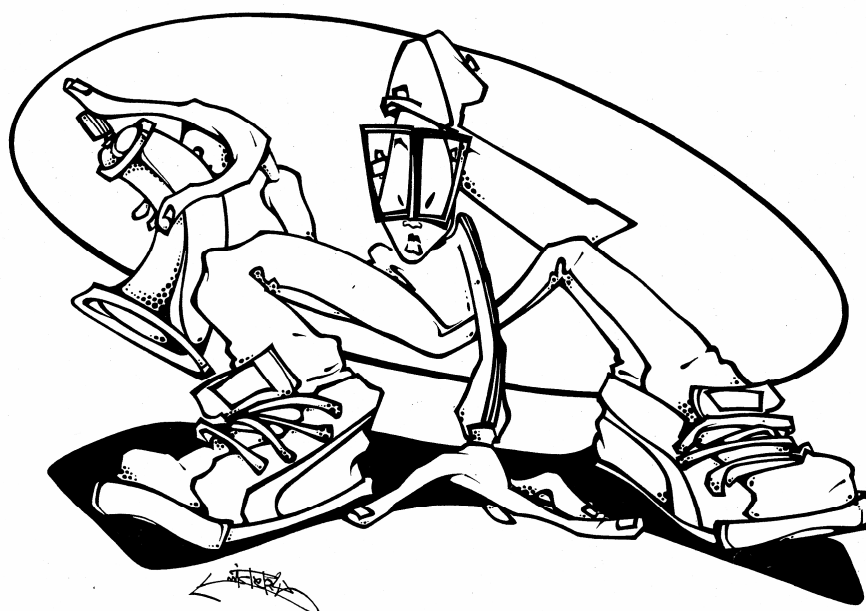


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COMMONWEALTH & STATE GOVERNMENT AGENCIES

Chatswood Community Service Centre

NSW Department of Community Services

The NSW Department of Community Services provides child protection, early intervention, childcare services, disaster welfare, out of home care, adolescent support and domestic violence services.

Postal Address: PO Box 77, Chatswood NSW 2057

Locality Address: L1, Tower A, Citadel Tower, 799 Pacific Highway, Chatswood

Phone: 9406 9777

Fax: 9406 9888

Contact: Intake Worker

Helpline: (24 Hour): 132 111

Home School Liaison Officer, Nth Beaches District

NSW Department of Education and Training

The Home School Liaison Officer provides support and advice for schools, parents and students who are having difficulty attending school regularly. Parents are legally responsible for the attendance of students 6 years to 15 years of age. Prosecution can result from failure to send children to school.

Postal Address: Hornsby School Education Office

Level 2, 20 George St, Hornsby 2077

Locality Address: As above

Phone: 9941 3025 or 99873920

Fax: 9987 3928

Contact: Kim Legg

Email: john.c.hayes@det.nsw.edu.au

Student Welfare Consultant, Nth Beaches District

NSW Department of Education and Training

The Student Welfare Consultant provides support and advice to schools, parents and students on a range of matters such as school attendance, student behaviour, child protection, student leadership, DET policies and procedures, suspension & expulsion, health issues and whole school welfare.

Postal Address: Hornsby School Education Office

Level 2, 20 George St, Hornsby 2077

Locality Address: As above

Phone: 9987 3916

Fax: 9987 3928

Juvenile Justice Community Services

Dept of Juvenile Justice – Sydney District

The service aims to reintegrate juvenile offenders into the community. Young offenders are assisted through diversion, supervision, custody and development towards positive community participation. The service provides background reports for court hearings and supervision and support for young people released on community based court orders.

Postal Address: 64-76 Kippax Street, Surry Hills 2010

Locality Address: As above

Phone: 9215 3399

Fax: 9215 3300

Contact: Duty Officer

Position: Juvenile Justice Officer

Web Address: www.djj.nsw.gov.au

Centrelink – Northern Beaches

Centrelink delivers many government services to young people. This includes job seekers, students, people with disabilities and families.

Centrelink can assess your eligibility for income support (eg. Youth Allowance), refer you to Job Network members who can help you find work, refer you to various services and programmes including career counselling, literacy and numerical training, Work for the Dole. Self-help facilities available include touch screens with information about job vacancies, newspapers, phone, fax, photocopier and personal computer for job seekers and career reference material.

Social Workers are located in each Centrelink outlet and will provide an initial counselling interview to discuss any personal or family concerns, give information about support payments available, assist in claims and provide information about services available within Centrelink or within the community.

Postal Address: Locked Bag 8000, Brookvale 2100

Locality Address: 660-664 Pittwater Rd, Brookvale 2100
(Near cnr of Sydenham Road)

Phone: 132 490

Contact: Social Worker - 99413244

Fax: 9941 3199

Web Address: www.youthallowance.centrelink.gov.au

POLICE AND JUSTICE

Dee Why Police Station

NSW Police

Postal Address: Cnr Fisher Rd & St David Ave, Dee Why, 2099

Locality Address: As above

Phone: 9971 3399

Fax: 9971 3366

Contact: Cst Robyn Jennings, Youth Liaison Officer
Snr Cst Kylie Boss & Snr Cst Rochelle Bird, Crime Prevention Officer
Snr Cst Kim Hanrahan, Domestic Violence Officer
Magdi Breir, Ethnic Community Liaison Officer

Manly Police Station

NSW Police

- Providing a service to the young people to break down the barriers between police and the community (young and old)
- To explain our role and our duty to the community
- To be an advocate for young people
- Referral to appropriate counselling bodies
- Providing information on youth activities in the Manly area

Postal Address: 3 Belgrave St, Manly 2095

Locality Address: As above

Phone: 9977 9439

Fax: 9977 9420

Contact: Snr Cst Corinne Whitfield

Frenchs Forest Police Station

NSW Police

Postal Address: 139 Frenchs Forest Rd, Frenchs Forest 2086

Locality Address: As above

Phone: 9452 9599

Fax: 9452 9511

Contact: Officer in Charge or Youth Liaison Officer at Dee Why Police

Mona Vale Police Station

NSW Police

Postal Address: 1707 Pittwater Rd, Mona Vale 2103

Locality Address: As above

Phone: 9997 1444

Fax: 9999 1716

Contact: Officer in Charge or Youth Liaison Officer at Dee Why Police

Manly Legal Aid Office

Legal Aid, NSW

The Legal Aid Commission provides legal advice, minor assistance, representation, and special children's and youth services. It provides grants of legal aid for many family, criminal, civil and mental health matters. The Manly office provides criminal and family law services only. Clients must meet means and merit tests for most services, and clients may be required to meet some or all of the costs of their case. Information and referral about legal aid and related services is available on 9219-5000 or toll free from Law Access on 1300-888-529.

Postal Address: Office 5, Ground Floor, 39 East Esplanade, Manly 2095

Locality Address: As above

Phone: 9977 1479

Fax: 9977 3357

Contact: Leanne Robinson Solicitors in Charge,
Alexandra Heffernan, Office Manager

Web Address: www.legalaid.nsw.gov.au

LAW ACCESS NSW 1300 888 529 – 24HR RECORDED INFO**LEGAL AID HOT LINE 1800 101 810**

(For Under 18's in trouble with the police)

Mon-Fri 9am – Midnight, Weekends 24 HRS

Chamber Registrar – Manly Local Court

NSW Attorney Generals Department

Provides free legal advice regarding Local Court matters

Opening Hours: Mon-Fri 9.30am – 1pm and 2pm – 4pm

Postal Address: PO Box 125, Manly 1655

Locality Address: Court House, 2 Belgrave St, Manly

Phone: 9934 4500

Fax: 9934 4545

Contact: The Chamber Registrar

Web Address: www.lawlink.nsw.gov.au

Juvenile Justice Community Services

Dept of Juvenile Justice – Sydney District

Postal Address: 64-76 Kippax Street, Surry Hills 2010

Locality Address: As above

Phone: 9215 3399

Fax: 9215 3300

Contact: Duty Officer

Position: Juvenile Justice Officer

Web Address: www.djj.nsw.gov.au

Law Information

CRIMESTOPPERS (Reporting non-urgent crime) 1800 333 000

Police Assistance Line (Reporting non-urgent crime) 131 444 – 24hrs

USEFUL WEB SITES:

www.lawlink.nsw.gov.au

www.lawstuff.org.au

www.theshopfront.org

www.yapa.org.au

www.rta.nsw.gov.au (traffic matters)

LOCAL GOVERNMENT**Manly Youth Services**

Manly Council

Resources and develops youth services, programs and facilities. It provides administrative assistance and support for Manly Youth Council programs and Peninsula Youth Services Inc. Current programs include Adolescent and Family Counselling Service, Gay, Lesbian and Questioning programs, Club Friday and Kangaroo Rock concerts. Provides general information on youth issues and referral where appropriate to other youth services based on the northern beaches.

Postal Address: PO BOX 82 Manly 1655

Locality Address: Manly Youth Centre, Kangaroo St, Manly 2095

Phone: 9977 5599

Fax: 9977 7090

Contact: Steve Hill

Email: myc@manly.nsw.gov.au

Web Address: www.manly.nsw.gov.au

Pittwater Community & Library Services

Pittwater Council

Monitors the social and cultural needs of young people and provides grants to community groups through the Community services Grants Program. Other services include collecting demographic information, co-ordinating, planning and providing information on youth issues also implementing youth related strategies identified in Pittwater's Social Plan.

Postal Address: PO Box 882, Mona Vale 1660

Locality Address: Unit 16/5 Vuko Pl, Warriewood 2102

Phone: 9970 1171

Fax: 9970 1197

Contact: Susan Machar, Community Development Officer

Email: youth@pittwater.nsw.gov.au

Web Address: www.pittwater.nsw.gov.au

Warringah Youth & Recreation Services

Warringah Council

Coordination and development of youth services, programs and facilities. Advocacy of youth issues in council, community and government forums. Provides advice and information on youth issues. Special projects are co-ordinated to provide cultural, health, education and social opportunities for local young people. Operates youth centre at Frenchs Forest, YouthLinx (previously YAZZ - Youth Activity Service), Family Support Worker, supports the Warringah Youth Advisory Committee, co-ordination of youth events and activities; band nights, dances, skate events, vacation activities & annual Sister City Youth Exchange Program and Youth Week events such as YouthFest.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099

Locality Address: as above

Phone: 9942 2680

Fax: 9942 2781

Contact: Rob van den Blink, Youth & Recreation Co-ordinator

Email: youth@warringah.nsw.gov.au

Web Address: www.warringah.nsw.gov.au

YOUTH COUNCILS/COMMITTEES

Manly Youth Council

Manly Council

Manly Youth Council began in 1968 and is designed to represent young people on the northern beaches. Monthly meetings held at Manly Youth Centre provide a positive and appropriate forum for young people to meet, share ideas and make new friends. It also provides a place for young people to discuss issues on a local, state or federal government level. Manly Youth Council undertakes many successful, innovative and cutting edge programs and projects designed to meet the needs of local young people.

Postal Address: PO BOX 82 Manly 1655

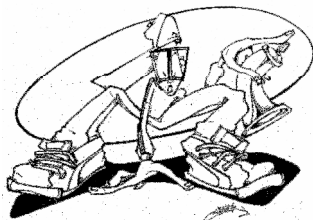
Locality Address: Manly Youth Centre, Kangaroo St, Manly 2095

Phone: 9977 5599

Fax: 9977 7090

Contact: Steve Hill, Executive Officer

Email: myc@manly.nsw.gov.au



Warringah Youth Advisory Committee

Warringah Council

This group was formed in August 2000 and meets on a monthly basis. Meetings are conducted at the Warringah Mall Library Meeting Room. The WYAC mission statement is to actively represent young people in Warringah and work with Warringah Council and the community to create positive change and enhance the lives of young people. WYAC members will work in conjunction with Youth Services staff in organising youth specific events such as band/hip hop/dance party nights/recreation activities and camps.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099

Locality Address: As Above

Phone: 9942 2401

Fax: 9942 2781

Contact: Justin Burke, Youth Development Officer

Email: youth@warringah.nsw.gov.au

Peninsula Youth Services Inc.

(Incorporating Manly, Warringah & Pittwater)

An organisation where membership includes young people, youth service agencies and people working with, for and/or on behalf of young people.

The objectives of the Association are:

- To provide a forum for the exchange of information regarding youth services and priorities in the Manly, Warringah, Pittwater areas.
- To provide a mechanism for the co-ordination and linking of local youth services activities and to identify overlaps and gaps in service provision. P.Y.S.I. plans and develops services to more effectively deal with the concerns of young people and youth services in the Manly, Warringah, and Pittwater areas.
- To lobby and provide information and professional advice on issues affecting young people and youth services to Local, state and Federal Governments and other bodies seeking such assistance.
- To establish such committees and working parties necessary to investigate, discuss and prepare documentation regarding issues pertinent to young people to further the objects of this Association.
- To provide a meeting place for relevant youth services and related bodies to discuss, exchange ideas and receive training on youth related issues.

Postal Address: PO Box 990, Manly 1655

Locality Address: As above

Phone: 9977 5599

Fax: 9977 7090

YAPA

Youth Action & Policy Association
NSW Non Government Organisation Peak Body for youth advocacy

Postal address: 146 Devonshire St, Surry Hills 2010
Phone: 9319 1100 or 1800 627 323 (toll free NSW landlines only)
Fax: 9319 1144
Locality address: as above
Email: info@yapa.org.au
Web Address: www.yapa.org.au

Northern Beaches Youth Community Fund

Division of United Way Sydney

The aim of NBYCF is to develop the organised capacity of Northern Beaches citizens to support and enhance the work of local agencies addressing the health and welfare needs of young people in the area. NBYCF does not set out to substitute for fund raising efforts by individual agencies. Its purpose is to tap new sources of charitable funding and to offer an efficient distribution mechanism using well established eligibility criteria. In particular NBYCF will encourage and assist in the establishment of employee payroll deduction donation plans.

Managed by a voluntary local operating committee, it has been accepted as a division of United Way Sydney, a non-profit, no-sectarian and non-political organisation assisting charities Sydney wide. Donations are tax deductible.

Postal Address: GPO Box 4083, Sydney 2001
Contact: The Manager
Web Address: www.unitedwaysydney.com.au

Manly Warringah Pittwater Interagency Assoc. Inc.

MWP Interagency Assoc. is an association of health and welfare workers and agencies in Manly, Warringah, Pittwater interested in meeting on a bi-monthly basis to raise awareness and respond to relevant local issues.

Postal Address: PO Box 1861, Dee Why 2099
Contact: The President



ACCOMMODATION SERVICES

The Burdekin Association

The Association provides the following accommodation and support services for young people aged 12 – 21 years and their families on the Northern Beaches.

- **Early Intervention**

Support service available to prevent homelessness and family breakdown. Limited brokerage and outreach support also obtainable.

- **Community Care**

Safe, supportive environment provided by fully trained carers for young people 12 - 18 years. Young people have an allocated case manager to assist them with their goals.

- **Youth Housing**

Subsidised housing in the community with case management support for young people aged 16-21 years. Young people typically share with a peer although there is some one bedroom and young parent accommodation available.

Services can be accessed by telephone referral.

Postal Address: PO Box 1323, Dee Why 2099

Locality Address: Suite 6 & 7, 2 Victor Rd, Brookvale 2100

Phone: 8976 1777

Fax: 9939 0377

Contact: Intake Worker

Executive Officer: Karen Berman

Email: burdekin.admin@burdekin.org.au

Web Address: www.burdekin.org.au

Phoenix House Youth Services

Housing Scheme & Rage Project

Phoenix House accommodation service is a medium term accommodation program for people aged 17-21. The service provides support, adolescent counselling, advocacy, referral and living skills. The RAGE Project provides brokerage assistance to homeless young people and young people at risk of homelessness aged 12-21 years.

Postal Address: 10 Holtermann St, Crows Nest 2065

Locality Address: as above

Phone: 9437 0077

Fax: 9437 0148

Contact: Mary Biddle, Manager

Email: info@phoenixhouse.org.au

Email: rage@phoenixhouse.org.au

Taldumande Youth Services based in Neutral Bay

Taldumande Youth Services Inc.

Providing support and accommodation options to young people aged 14 yrs 9 months to 22 years, in a range of supported and independent accommodation options. Aiming to prevent homelessness and assist families/young people in maintaining their relationships where appropriate. Staff focuses on working alongside young people/families, by providing individual support and case management to identify needs and goals.

Services available:

24-hour residential house: short term/emergency (up to 3-6 months stay) for 14 yrs 9 months –18 year olds.

Semi-supported independent housing (shared house with caretaker on site, up to 1 yrs stay) for 16-18 yrs.

Independent supported housing – single units (up to 2 yrs stay) for 17-22 yrs.

Early intervention program, providing direct support for parents/families with 14 9mths – 18 yrs youth at risk of being homeless. Financial, recreational and practical living skills assistance projects for young people accommodated.

Postal Address: PO Box 994, Neutral Bay 2089

Phone: 9953 1765

Fax: 9908 5188

Contact: Carmen Bekker, Manager

Email: taldumande@taldumande.org.au

Web Address: www.taldumande.org.au

Seaforth House

Mission Australia

Provides a minimal supervised house for men aged 18 and over in Seaforth. Seaforth House is the only transitional House attached to Fairlight. Admissions via Fairlight House.

Postal Address: 9 Fairlight St, Manly 2095

Phone: 9949 1832

Fax: 9949 8271

Contact: Darryn O'Brien, Manager

Email: obriend@mission.com.au

ADOLESCENT SUPPORT SERVICES

(Including Counsellors)

Lesbian, Bisexual, Gay, Transgender & Questioning Programs

Manly Youth Council / Northern Sydney

Provides ongoing social support group in the Northern Beaches area of Sydney for Lesbian, Bisexual, Gay, Transgender people and other sexual minorities twenty five years and younger. The group participates in a mixture of social outings and events, video nights, discussions and guest speakers. Discussion nights have looked at topics such as dating, coming out, homophobia, relationships, safety, sexual health and stereotypes. The group has two facilitators and a counsellor.

Postal Address: Manly Youth Centre, Kangaroo St, Manly 2095

Locality Address: As above

Phone: 9977 5599

Fax: 9977 7090

Contact: Felicity Garland

Email: myc@manly.nsw.gov.au

Manly Warringah Youth Support Service

Northern Beaches Centacare

An outreach service both foot and vehicle patrols to individuals and groups. Supports under age dances and concerts. Transport to a safe environment for intoxicated young people. Other services include advocacy for youth in custody, referral for accommodation, interagency referral for special needs, information, education and assistance for young people. This is a free service for young people between the ages of 11 and 18 years.

Postal Address: PO Box 444, Brookvale Business Centre, Brookvale 2100

Locality Address: Unit 9B, 44 Wattle Road, Brookvale

Phone: 8968 5100 (Week Days) 0418 637 731 (W/Ends)

Fax: 9939 4277

Contact: Des Walsh, Coordinator



The Peer Support Program
Peer Support Foundation Limited

A student-help-student program offering training to assist young people to help each other in developing a sense of responsibility for their own well being. The program also aims to develop positive attitudes in students for their future and create a sense of place in the community in which they live. Foundation staff train volunteer teachers who in turn train volunteer senior student group leaders.

Postal Address: PO Box 498, Brookvale 2100
Locality Address: 2 Grosvenor Place, Brookvale
Phone: 9905 3499
Fax: 9905 5134
Contact: Sharon Austin, General Manager
Email: peeroz@peersupport.edu.au

Manly Adolescent & Family Counselling Service
Manly Youth Council

The service provides free and confidential counselling for young people aged 12 – 21 years and their families living on the northern beaches. Individual and Family counselling can be provided, as well as tailor made group work programs for young people and parents. The counselling can be offered to support people around a wide range of issues such as family relationships, mental health, drug and alcohol use, problems at school, violence etc. Phone referrals can be taken directly from the family or from the agency acting on their behalf with their permission.

Postal Address: PO BOX 82 Manly 1655
Locality Address: Manly Youth Centre, Kangaroo St, Manly 2095
Phone: 9977 5599
Fax: 9977 7090
Contact: Adolescent and Family Counsellors

School Counsellors Northern Beaches District Office
Department of Education and Training

Each school has access to a district school counsellor who has responsibility for providing counselling service for a small number of schools. This includes direct counselling of students. A District Guidance Officer oversees the work of these counsellors. School Counsellors can be contacted directly at their schools or through their school Principal or District Guidance Officer.

Postal Address: Hornsby School Education Office
Level 2, 20 George St. NSW 2077
Phone: 9987 3918
Fax: 9987 3928
Contact: Sue McGrath, Student Services Officer
Email: kim.edwards@det.nsw.edu.au

Northern Beaches Adolescent Service

Northern Sydney Central Coast Area Health Service

This government service provides comprehensive assessment and therapeutic interventions for young people (aged 12 - 18 years) and their families, living in the Manly, Pittwater and Warringah areas. It also offers crisis assessments for at-risk adolescents, and has ties with the two Hospitals on the peninsula. Client presentations range widely, and include depression, anxiety, significant interpersonal difficulties with family and peers, eating disorders, deliberate self-harm, suicidal ideation and intent, early psychosis, conduct disorders, trauma, abuse and drug/alcohol dependency issues. The team work Monday to Friday 9–5.30pm across two sites - Queenscliff Health Centre, and Mona Vale Hospital.

Postal Address: Po Box 605, Brookvale 2100

Locality Address: Queenscliff Community Health Centre
Cnr Lakeside Cres. & Palm Ave, North Manly

OR

Mona Vale Hospital
Community Health Building
Coronation St, Mona Vale

Phone: 9466 2500 (ask for Intake Officer)

Fax: 9938 4805

Contact: Julie Simmons, Director

Home School Liaison Officer

(Northern Beaches District Office)
Department of Education and Training

The Home School Liaison Officer provides support and advice for schools, parents and students who are having difficulty attending school regularly. Parents are legally responsible for the attendance of students 6 years to 15 years of age. Prosecution can result from failure to send children to school.

Postal Address: Hornsby School Education Office
Level 2, 20 George St. NSW 2077

Locality Address: As above

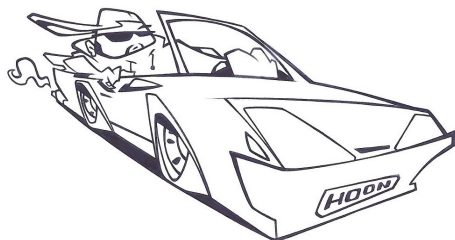
Phone: Hornsby: 9987 3920

Dee Why: 9941 3025

Fax: 9987 3928

Contact: Kirsten Kable

Email: John.C.Hayes@det.nsw.edu.au



Lifeline, Manly, Warringah & Pittwater Inc.

Lifeline

The service provides 24 hours telephone counselling, welfare assistance (food vouchers, clothing), personal counselling and financial counselling by appointment. Short courses are also run for Managing Anxiety, Mens Anger Management and relationships. There is also an opportunity shop on the premises.

Postal Address: PO BOX 681 Balgowlah, 2093

Locality Address: 310 Sydney Rd, Balgowlah, 2093

Phone: 9949 5522

Fax: 9948 5472

Counselling: 131 114

Contact: Shirley Eggleton

Donna Favaloro

Email: angela@lifelinenb.org.au

YouthLinx (previously called YAZZ) – Youth Activity Service & Family Support Worker

Warringah Council

YouthLinx is a personal development / recreation program for 11 – 16 year olds. Young people need to fit certain criteria to be eligible to participate in the program (eg socially isolated, get bullied at school, experience financial difficulties, anxious etc).

Participants learn new skills, develop self esteem, establish friendships and have fun through a range of activities through recreational activities such as rock climbing, bushwalks, team building afternoons, scavenger hunts, games afternoons etc and weekend camps (such as snow, hiking, canoeing etc)

Programs are conducted in a safe and supportive environment and are free or low cost.

A Family Support Worker provides additional family support (including practical assistance, information, advocacy and referrals to young people and their families. Community Education is provided to the wider community i.e. parenting Courses, Speakers Nights etc.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099

Locality Address: as above

Activities are conducted at various locations

Phone: 9942 2578

Fax: 9942 2781

Contact: Youth Activities Coordinator

Email: youthlinx@warringah.nsw.gov.au

Youth and Family Support Worker: Susanne Lundback

Phone: 9942 2681

Fax: 9942 2781

Email: lundbs@warringah.nsw.gov.au

Youth Reach Care and Support Centre

St Vincent De Paul Society

Youth Reach Care and Support Centre provide a programme of activities and crisis assistance for young people aged 13 –24 years. A "self-help" environment providing Case Management; Advocacy; Crisis Care; Personal Counselling; At-Risk Adolescent Support groups, Anger Management groups; Family Group Conferencing; Drug and Alcohol Counselling and Education/ Discussion groups; Sexual Health Education; Job Search; Interview Preparation; Resume Writing and Computer Skills; Living Skills; Budget Counselling, Cooking and Nutritional Education; Liaison with Education Departments; Parent/Family Support and Mediation; Referrals for Accommodation Services and other Agencies; Legal Referral; Custodial Visitation; Recreational Programs and workshops including Music; Sport and Recreational programs; Youth Drop in Facilities.

Postal Address: 5 Redman Rd, Dee Why 2099

Locality Address: as above (entrance in Francis St)

Phone: 9971 4358

Fax: 9971 2358

Contact: Harriet Lockwood, Manager

Staff: Rhonda Moore, Case Manager

Tim McGovern, Liaison Coordinator

Alethea Tomkins, Youth Worker

Web Address: www.vinnies.org.au/youthreach

Email (Manager): yrdeewhy@bigpond.net.au

Staff: yrstaff@bigpond.net.au

Family Mediation & Counselling

Centacare Broken Bay

Mediation can assist to address issues between teenagers and their parents as well as help separating couples reach agreement. Centacare also offers counselling for people over eighteen either for relationship or individual problems.

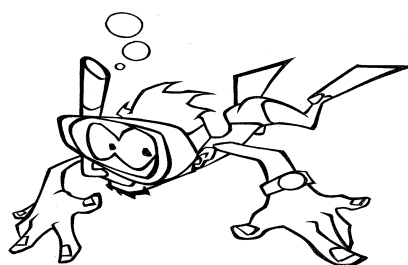
Postal Address: PO Box 444, Brookvale Business Centre, Brookvale 2100

Locality Address: Unit 9B, 44 Wattle Road, Brookvale

Phone: 8968 5100

Fax: 9939 4277

Contact: Receptionist



Family Support Service

Centacare Broken Bay

Centacare provides a Family Support Service that can offer families flexible home and centre based services at vulnerable and crisis times in their lives.

Postal Address: PO Box 444, Brookvale Business Centre, Brookvale 2100

Locality Address: Unit 9B, 44 Wattle Road, Brookvale

Phone: 8968 5100

Fax: 9939 4277

Contact: Receptionist

Young Persons Community Care

Centacare Broken Bay

An early intervention program for young people aged 11-18 years at risk of becoming homeless because of a crisis or conflict at home. The program offers a range of services to assist young people including support, assistance, advice and information.

Postal Address: PO Box 444, Brookvale Business Centre, Brookvale 2100

Locality Address: Unit 9B, 44 Wattle Road, Brookvale

Phone: 8968 5100

Fax: 9939 4277

Contact: The Receptionist

The Young Pregnant Womens and Mothers Outreach Project

Manly Warringah Pittwater Family Support Service

Outreach worker provide free emotional support and practical assistance to young pregnant women and mother (12-24 years) living in the Northern Sydney and area and experiencing difficulties due to isolation, financial hardship, lack of accommodation or health issues.

Postal Address: PO Box 556, Dee Why 2099

Phone: 9981 6413

Mobile: 0417 683 499

Contact: Tjinta Pearse, Outreach Worker



SHINE For Kids

SHINE for Kids Co-operative Ltd, previously the Children of Prisoners Support Group, is a community based organisation that has been supporting children with a parent/s in the criminal justice system, for over 25 years. Centres are located at Silverwater, Windsor, Parklea, Bathurst, Cessnock and Wellington, however services extend throughout schools and community's right across NSW.

Current estimates suggest over 14,500 NSW children are affected by parental imprisonment in any one year. Children of prisoners are hidden in the community, isolated and stigmatised, through no fault of their own.

SHINE for Kids provides child centric programs and services that focus on developing strategies to address early intervention, building resilience and positive family relationships, between child and parent. Programs include transportation services, video links, drop in and activity centres, parenting programs with children in correctional centres, school and community groupwork programs, intensive case management and mentoring programs.

Postal Address: P O Box 67 Ermington NSW 1700

Locality Address: Silverwater, Windsor, Parklea, Bathurst, Cessnock and Wellington PLUS schools and community groups as coordinated.

Phone: 9714 3000

Fax: 9714 3030

Contact: Intake Officer – Referrals
Lisa Dalton - Groupwork

Email: admin@shineforkids.org.au

Hours: 9.30am – 5pm

Website: www.shineforkids.org.au

DRUG-ARM NSW Street Outreach Service

The DRUG-ARM NSW Street Outreach Service (SOS program) has currently expanded operations to the Northern beaches district. The Street Outreach vans patrol the Northern beaches on Friday and Saturday nights, with trained volunteers offering support, information, transport and referrals to those in need.

This mobile service provides assistance to at-risk youth on the streets, the homeless, and those suffering from drug and/or alcohol abuse as well as offering hot drinks and snacks.

Locality Address: New Life Church, Fisher Rd, Dee Why NSW 2099

Contact: SOS Co-ordinator Northern Beaches

Phone: 9982 1466, 0419 168 180

Fax: 9982 9973

Email: sosbeaches@drugarm.com.au

Web: www.drugarm.com.au

EMPLOYMENT, EDUCATION AND TRAINING

The Beach School

NSW Dept of Education and Training

The Beach School provides places for 21 students predominantly in Years 7 to 10 who have disruptive behaviour. Students normally have a maximum stay of 12 months. The school supports students in their continuing education and assists them to move on to work, vocational training or further education. Students are referred through a Northern Sydney Region Placement Panel. The Beach School has a strong commitment to inter-agency collaboration.

Postal Address: The Beach School, Malinya Rd, Allambie 2100

Locality Address: as above

Phone: 9905 9451

Fax: 9905 9436

Contact: Sue Kydd, Acting Principal

Home School Liaison Officer

(Northern Beaches District)

NSW Dept of Education and Training

Refer to Commonwealth and State Government Agencies Section

Student Welfare Consultant

(Northern Beaches District)

NSW Dept of Education and Training

Refer to Commonwealth and State Government Agencies Section

TAFE Outreach

TAFE Outreach runs a youth risk program for early school leavers and unemployed youth. Programs can be designed around student needs and can run on or off campus. Courses include vocational access programs such as spray painting, automotive, digital music and hairdressing. Other programs can be designed in consultation with community groups and local needs. Courses run at Northern Beaches, North Sydney and Crows Nest Colleges.

Postal Address: 149 West St Crows Nest

Locality Address: As above

Phone: 9448 4426

Fax: 9448 4497

Contact: Daena Tyerman, Outreach Co-ordinator

Email: daena.tyerman@tafensw.edu.au

Web Address: www.tafestudy.info

Pioneer Clubhouse

Schizophrenia Fellowship of NSW

Pioneer Clubhouse is a community mental health rehabilitation service for adults with a mental illness.

Postal Address: Cnr Quirk Rd, Balgowlah 2093

Locality Address: as above

Phone: 9907 9999

Fax: 9948 3980

Contact: Jason Kioko

Email: Jason@sfnsw.org.au

Website: www.pioneerclubhouse.org.au

Centrelink – Northern Beaches

Centrelink delivers many government services to young people. This includes job seekers, students, people with disabilities and families.

Centrelink can assess your eligibility for income support (eg. Youth Allowance), refer you to Job Network members who can help you find work, refer you to various services and programmes including career counselling, literacy and numerically training, Work for the Dole. Self-help facilities available include touch screens with information about job vacancies, newspapers, phone, fax, photocopier and personal computer for job seekers and career reference material.

Social Workers are located in each Centrelink outlet and will provide an initial counselling interview to discuss any personal or family concerns, give information about support payments available, assist in claims and provide information about services available within Centrelink or within the community.

Postal Address: Locked Bag 8000, Brookvale 2100

Locality Address: 660-664 Pittwater Rd, Brookvale 2100
(near corner of Sydenham Road)

Phone: 132 490

Social Worker: 9941 3244

Fax: 9941 3199

Web Address: www.youthallowance.centrelink.gov.au

Learning Links

Learning Links is a children's charity which provides educational support to children who find learning difficult. A multi-disciplinary team of specialist teachers, speech pathologist, occupational therapist, psychologist and family counsellors assist children from K-12 who attend mainstream schools. Specialist school holiday programs are also available, as well as weekly after school sessions, and a full assessment program. Fee relief is available to families who qualify.

Postal Address: Po Box 1269, Dee Why 2099
Locality Address: 10/629 – 631 Pittwater Road, Dee Why
Phone: 9972 2098
Fax: 9972 4737
Contact: Donna Wilson
Email: nsb@learninglinks.org.au
Website: www.learninglinks.org.au

Youth Pathways

Mission Australia

Are you struggling at school? Finding it all too intense? Thinking about leaving but not sure? You may be eligible for Youth Pathways if you're aged between 13 and 19 and are thinking about leaving school without finishing year 12 or have left school recently without finishing year 12?

Youth Pathways may be able to help you to get through school; make the move to other education and training easier or to help you prepare for employment by offering services, such as: Personalised one-on-one assistance to help you work out your strengths, goals and the barriers getting in your way; Individual support and guidance to help you to overcome barriers; Support to help you achieve your goals; and Other services aimed at making you better equipped to successfully get through school to further education, training or employment.

Postal Address: Suite 2, 1/ 106 Old Pittwater Road, Brookvale 2101
Locality Address: As above
Phone: 9905 8595
Fax: 9905 9706
E-mail: barbers@missionaustralia.com.au
Contact: Sarah Barber
Web Address: www.missionaustralia.com.au

CGVE Flex

Northern Beaches TAFE

Northern Beaches TAFE CGVE Flex program (Certificate in General and Vocational Education - Year 10 equivalent) allows students who have left school before completing Year 10 to gain this qualification in an extremely flexible and nurturing environment, over one or two years with individualised education programs. The program uses self-paced learning materials with the support of Literacy/Numeracy teachers for students needing additional assistance to complete their course work.

Postal Address: 154 Old Pittwater Road, Brookvale 2100
Locality Address: Northern Beaches TAFE
Phone: 9941 5277 or 9941 5275
Contact: Tina McDermott
Email: tina.mcdermott@tafensw.edu.au

INFORMATION CENTRES

Manly Community Centre

Manly Community Centre Inc.

The Manly Community Centre is a community based non profit, non government organisation that has served the community since 1977. Manly Community Centre is a community information and referral service. The following services are available: volunteer recruitment training, marriage/relationship/family/bereavement Counselling, Free Legal Service – Thursday 6 – 8pm and every 3rd Saturday 10am – 12pm, Free tax service(for income \$35,000 and under) from July – October, Multicultural Service(Tues,Thurs), Aboriginal and Tibetan Health Services, Domestic Violence, Nursing and Housing Service, Drop in Welfare support for the disadvantaged (homeless, single mothers, elderly etc), Hall Hire Service, Justice of the Peace, Wesley Unity Employment – Work for the Dole and Senior Group – Wentworth Thursday Group.

“Our mission is to be welcoming, accepting, supportive and inclusive by providing a focal point and meeting place, highlighting community needs”

Postal Address: 12 Wentworth St, Manly 2095

Locality Address: as above

Phone: 9977 1066

Fax: 9977 6810

Contact: Jacqueline Smith, Manager

Email: mcc1@bigpond.net.au

Northside Community Connect

Northside Community Connect Community Information Program offers information and referral to all members of the community on a wide range of topics as well as free taxation advice (July-Oct), free legal advice (Thursday evenings) and support for unemployed people e.g. assistance with resumes.

Northside Community Connect also provides other HACC programs including Carers Program, Multi-cultural Carers Program, Volunteer Recruitment Program and Easy Care Gardening Program.

Postal Address: 30 Howard Ave, Dee Why 2099

Locality Address: as above

Phone: 9931 7777

Fax: 9981 2839

Contact: The Co-ordinator

Email: info@northsideconnect.com.au

Web Address: www.manlycommunitycentre.com.au

Disability Information Service

Warringah Council

The service provides information and referral for people with a disability, carers, service providers and the community on services and resources available to residents of Manly, Warringah and Pittwater areas. It publishes leisure guides, free biweekly emailed newsletters and LINC database.

Postal Address: c/ Dee Why Library, Pittwater Rd, Dee Why 2099

Locality Address: as above

Phone: 9942 2686

Fax: 9942 2371

Contact: Marjorie Janz, Disability Information Officer

Email: janzm@warringah.nsw.gov.au

DROP IN CENTRES/ENTERTAINMENT**Clearway Youth Club**

Manly Council

Clearway Youth Club for 12 – 18 year olds at the Manly Youth Centre comprises of Friday night event based activities in an appropriate and supervised environment with age appropriate information and referral. These entertainment programs are for all ages, alcohol free, featuring live bands, acoustic performances, theatre sports and other activities. Focusing on youth development, these ongoing events promote the skills and interests of young people. Clearway also includes the Kangaroo Rock live concerts on Saturday nights.

Postal Address: PO BOX 82 Manly 1655

Locality Address: Manly Youth Centre, Kangaroo St Manly 2095

Phone: 9977 5599

Fax: 9977 7090

Contact: Kate Munro, Youth Development Officer

Email: kate.munro@manly.nsw.gov.au

Web Address: www.manly.nsw.gov.au

Youth Reach Care and Support Centre

St Vincent De Paul Society

Refer to Adolescent Support Section

YOYOs – Forest Youth Centre

Warringah Council

The Forest Youth Drop-In Service provide young people aged 12-17 years with a safe supervised and appropriate place to socialise with their peers, participate in unstructured recreational activities, obtain information, be supported by staff and to be referred to specialist services if required. Pool, video games, music, basketball & more! Also provide holiday activities such as DJ Workshops, Skating, and Movie Making etc. Operates Youth Advisory Group to suggest activities. Special event activities such as band nights and dances are provided. Annual Band Competition 'Northern Composure' run in March each year. Graffiti and hip hop workshops Thursday afternoons. Open Thursday 3.00pm – 6.00pm, Friday 3.00pm – 9.00pm.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099

Locality Address: YOYOs Forest Youth Centre

Forestway Shopping Centre

Cnr Forestway and Warringah Rd, Frenchs Forest

(Under the big M sign)

Phone: 9942 2401 or 9451 0351 (Youth Centre Direct)

Fax: 9942 2781

Contact: Justin Burke, Youth Development Officer

Email: youth@warringah.nsw.gov.au

Web Address: www.warringah.nsw.gov.au

Youth Entertainment Web Address: www.yoyosgigs.info

Graffiti Project – Spray-In Sessions

Warringah Council

Operates from YOYOs Youth Centre each Thursday afternoon. Aim is to re-direct young people into artistic side of graffiti and distract from illegal aspects. Free spray paint, canvases and tuition provided by highly experienced "Aerosol Artists". Occasional special mural projects. Warringah also has 6 "Legal Graffiti Walls" where participants can perform graffiti art in their own time. Located at; Killarney Heights Oval, Allambie Oval, Passmore Oval, Millers Reserve, Collaroy Plateau Oval, Wyatt Reserve. Strict rules apply - only those specific walls indicated by signage can be legally sprayed. Contact for further information & locations. (Info & displays on website). Spray-Ins operates Thursday 3.00pm - 6.00pm.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099

Locality Address: YOYOs Forest Youth Centre

Forestway Shopping Centre

Cnr Forestway and Warringah Rd, Frenchs Forest

(Under the big M sign)

Phone: 9942 2401 or 9451 0351 (Youth Centre Direct)

Fax: 9942 2781 (office – business hours only)

Contact: Justin Burke, Youth Development Officer

Email: youth@warringah.nsw.gov.au

Web Address: www.warringah.nsw.gov.au

Recreation Program

Warringah Council

Operates during vacation periods. Provides interesting, age appropriate activities for 12 to 16 year olds. Skate days, skate tours and tuition, DJ Workshops, Hip Hop Workshops, excursions (Monster Skate Park etc), drama and circus skills workshops, etc. Reasonable cost attached to activities. Bookings essential. Note; some activities operated by private provider. Information in vacation Care brochure (available in libraries, schools, website – see below) also contains discount vouchers for various activities.

Postal Address: Warringah Council, 725 Pittwater Rd, Dee Why 2099**Locality Address:** as above**Phone:** 9942 2312**Fax:** 9942 2781

Contact: Recreation Officer

Email: recreation@warringah.nsw.gov.au

Web Address: www.warringah.nsw.gov.au

(Vacation Care & Recreation Program brochure)

Discobility Dance Party

Warringah Council

Refer to Disability Services Section**Revolve**

Pittwater Uniting Church

Revolve is designed for young people between the ages 12 - 18 and runs every Friday night during the school term from 7:30pm until 9:30pm. The primary focus of Revolve is to allow young people of the Northern Beaches to discover God's worth in their lives and to as Jesus put it 'have life more abundantly'. To this end, the great facilities of Pittwater Uniting Church are fully utilised allowing young people to engage in activities such as indoor soccer, basketball and skateboarding. Other resources include a pool table, air hockey table as well as Playstation on the big screen. The 'Basement' youth area provides a space for young people in which they can hang out in a café style environment, listen to great music and live bands every fortnight whilst enjoying a hot chocolate or a milkshake.

Postal Address: PO Box 63, Mona Vale 2103**Locality Address:** 10 Jubilee Ave

Warriewood

Phone: 9997 2386**Fax:** 9997 8770**Contact:** Daniel Clark, Youth Worker**Email:** Danielc@puc.org.au**Web Address:** www.pittwaterchurch.org

Waves

Harbord Diggers RSL Youth Club

Provides a range of child & youth oriented services & activities; Jazz/Funk Dance, TaeKwondo, Drama, Art, Painting, Drawing, Pottery, Creative Writing, Young Speakers, Music & Song, Childrens Playgroups & Art. School Holiday Programs; Dance Pottery, Art, Ceramics, Games, Music etc. Hire of Hall/Rooms for meetings or parties. Cost associated with most activities.

Postal Address: PO Box 63, Harbord 2096

Locality Address: 23 Oliver St, Harbord 2096

Phone: 9938 7685

Contact: Co-ordinator

Email: waves@harborddiggers.com.au

**FOR FURTHER INFORMATION ON
UPCOMING EVENTS & ACTIVITIES**

www.yoyosgigs.info

www.manly.nsw.gov.au (community services – youth services)

www.warringah.nsw.gov.au (services – youth services)

www.pittwater.nsw.gov.au (community – youth services)

HEALTH AND DRUG ISSUES**Manly Hospital**

9976 9611

Mona Vale Hospital

9998 0333

Frenchs Forest Community Health Centre

Location: 28 Bantry Bay Rd, Frenchs Forest 2086

Phone: 9452 4244

Fax: 9972 7235

Contact: Team Leader

Mona Vale Community Mental Health

Location: Mona Vale Hospital, Coronation St, Mona Vale 2103
Phone: 9997 3177 or 9998 0410

Queenscliff Community Health Centre

Postal Address: PO Box 605, Brookvale 2100
Location: Cnr Lakeside Cres. & Palm Ave, North Manly 2100
Phone: 9466 2500
Fax: 9938 4805

Manly Drug Education & Counselling Centre (MDECC)

Association of Drug Referral Centres Ltd
Manly Drug Education and Counselling Centre (MDECC) is a community development/education service providing up to date drug information, assessment, counselling, referral, support, group programs and resources/training, for young people, families and local community.

Postal Address: 91 Pittwater Rd, Manly 2095
Locality Address: as above
Phone: 9977 0711
Fax No: 9976 2319
Contact: Kerri Lawrence, Centre Director
Email: admin@mdecc.org.au
Web Address: www.mdecc.org.au

Northern Beaches Health Promotion

Manly & Mona Vale Hospitals & Community Health Service
Northern Beaches Health Promotion Service works with local government and non-government organizations to design implement and evaluate community-based health promoting projects that focus on primary prevention.

Postal Address: Northern Beaches Health Promotion Service
C/ Manly Hospital, 150 Darley Rd, Manly 2095
Locality Address: as above
Phone: 9976 9531
Fax No: 9977 7531
Contact: Paul Klarenaar, Acting Manager

Kaleidoscope Program for Young People

Holyoake NSW: Family Alcohol and Other Drug Programs
The service provides group work and counselling for young people aged between 5 and 18 who have experienced difficulties or need support in living in a family where alcohol/drugs or other addictive behaviour is a problem. Groups operate after school hours and on weekends ranging

from a five week to eight week program. School and community talks are also provided.

Postal Address: PO Box 1507, Neutral Bay 2089
Locality Address: 16 Lindsay Street, Neutral Bay 2089
Phone: 9904 2700
Fax No: 8968 1116
Contact: Sean Pamambalan
Michelle Laving: Child & Adolescent Program Coordinator

Manly Sexual Health Service

Manly and Mona Vale Hospitals and Community Health

A totally free and confidential service for all issues relating to sexual health. No Medicare card is required. We offer testing and treatment for all Sexually Transmitted Infections including HIV. Other related services include counselling, the morning after pill, contraception advice, pregnancy testing, telephone counselling, free condoms and lube, needle exchange and referral to specialist clinics.

General Inquiries: Telephone after 11am, closed Tuesdays and Wednesdays.

Postal Address: 8/18 Whistler St, Manly 2095
Locality Address: as above (entry via Market Lane)
Phone: 9977 3288
Fax No: 9977 3347
Contact: Helen Jennings

Fairlight Centre

Sydney City Mission – Mission Australia

Fairlight Centre provides short-term accommodation for alcohol and/or drug dependent males over 18 years. Residents need to detox before entering the 11 bed hostel program. This 24 hour centre also provides 4 places for intoxicated people for an eight hour maximum stay (until sober). Accommodation is also accessible to men with mental health issues. A maximum of 3 month stay with case management provided. Clients may go on to live in transitional property in Seaforth, also managed by Fairlight house.

Postal Address: 9 Fairlight St, Fairlight 2095
Locality Address: as above
Phone: 9949 1832
Fax No: 9949 8271
Contact: Darryn O'Brien, Centre Manager

RUSH (Responsive User Services in Health)

Northern Sydney Central Coast Area Health Services

A needle/syringe program is the primary function of this service. It also provides information and advice on HIV/AIDS, Hepatitis and sexual health matters. It provides counselling and referral, an outreach mobile service (Wednesday 12pm-4pm), drug information, education programs and resources. The service is open Monday to Friday 12-5.30pm.

Postal Address: 14 Pittwater Rd, Manly 2095

Locality Address: as above

Phone: 9977 2666

Fax No: 9977 2104

Contact: Amanda Burfitt, Manager

Email: aburfitt@nscchahs.health.nsw.gov.au

Northern Sydney Youth Health Project

Northern Sydney Central Coast Area Health Service

This project commenced in 1999 in response to the continued concerns about young people's poor access to health providers. The two main objectives are to increase the capacity of government and non-government health services to provide appropriate youth friendly services for those aged 14 to 19 years and to increase young people's awareness of youth friendly, holistic health providers. The Northern Sydney Youth Health Project has trained young people who can act as peer educators at youth events and can also assess and provide recommendations to health services to help increase their accessibility by young people to their service.

Postal Address: Northern Sydney Health Promotion, Block 4, Level 3
Royal North Shore, Pacific Highway, St Leonards, 2065

Locality Address: as above

Phone: 9926 7764

Fax No: 9906 7529

Contact: Acting Co-ordinator - Laura Dearle

Beaches Early Intervention Centre

Northern Sydney Central Coast Area Health Service

This service aims to meet the needs of people aged 18-30 who have recently experienced a first episode of psychosis, and their families. The centre is in a residential street and is designed to be as informal and user friendly as possible. The Early Intervention staff offer individual counselling, information about psychosis and treatment and support during the recovery process. A Limited group program is offered and regular Family and Friends Information evenings are held. Staff are able to give talks on the early detection of psychosis and the role of the Centre, and are keen to provide information on request.

Postal Address: 1 Brookvale Ave, Brookvale 2100
Locality Address: as above
Phone: 9938 5350
Fax: 9905 2567
Contact: Dominica Andersen, Team Leader
(or ask for any of the Early Intervention staff)

Northern Beaches Drug and Alcohol Services
Northern Sydney Health

This service's mission is to reduce the harm associated with problematic alcohol and other drug use on individuals (14 years of age and older) their families, and the communities of Northern Sydney Health Area. This service aims to meet the needs of people with drug and alcohol-related issues, and their families. The service is free and confidential with adolescent-friendly clinicians. It provides counselling, information and education about substance use. The service works with young people at all stages of substance use, from those experimenting with substances to those who use regularly and are finding that their use is causing harm to themselves and / or others. Referrals are preferred but not necessary, and those concerned about their substance use can contact us directly on the contact details above.

Location: Queenscliff Community Health Centre and Mona Vale Hospital
Phone: Queenscliff- 9466 2502
Mona Vale: – 9998 0360

DISABILITY SERVICES

Club Friday
Manly Council

Provides regular, consistent recreational/leisure activities for people with an intellectual disability over the age of 18. It provides a supervised, supportive and stimulating environment for participants. Activities include ten pin bowling, discos, restaurant dinners, karaoke, harbour cruises and camps.

Postal Address: PO BOX 82 Manly 1655
Phone: 9976 1557
Contact: Coordinator

Pioneer Clubhouse
Schizophrenia Fellowship of NSW

See Employment, Education & Training Section

Northern Beaches Community Resource Team

Dept of Community Services, Ageing & Disability & Home Care

Caters for people with a developmental (intellectual) disability (all ages). The team provides counselling, information and referral, speech and occupational therapy, social education, recreation and leisure services. It runs recreation groups as well as acting as a resource for community activities and supporting integrated programs in generic groups.

Postal Address: PO Box 341, St Leonards 2065

Locality Address: Level 3, 486-494 Pacific Highway, St Leonards

Phone: 9941 7600

Fax No: 9941 7699

Recreation Program

House with No steps

Various social and recreational activities are organised including day trips, camps, for people with mild to moderate intellectual disabilities.

Postal Address: PO Box 93, Frenchs Forest 2086

Locality Address: 49 Blackbutts Rd, Belrose

Phone: 9451 1511

Fax No: 9452 3778

Contact: Carolyn Bruce, Recreation Officer

Disability Information Service

Warringah Council

Provides information and referral for people with a disability, carers, service providers and the community on services and resources available to residents of Manly, Warringah and Pittwater areas. It publishes a Disability Information Directory, Leisure guides, emailed newsletters and database.

Postal Address: c/ Dee Why Library, Pittwater Rd, Dee Why 2099

Locality Address: as above

Phone: 9942 2686

Fax No: 9942 2371

Contact: Marjorie Janz, Disability Information Officer

Email: janzm@warringah.nsw.gov.au

Web Address: www.warringah.nsw.gov.au/services/disability

Disability Development Officer

Warringah Council

The Disability Development Officer assists the community to develop strategies to meet the needs of people with disabilities and to promote independence and community integration. This position raises the awareness within Council and the community of disability issues such as access and equity.

Postal Address: 725 Pittwater Rd, Dee Why 2099
Locality Address: as above
Phone: 9942 2787
Fax No: 9942 2664
Contact: Disability Development Officer
Email: council@warringah.nsw.gov.au
Web Address: www.warringah.nsw.gov.au

Discobility Dance Party

Warringah Council

Discobility is a dance party targeting young people (12 - 18 years) with special needs, their friends and siblings. Usually held once a school term at YOYOs Youth Centre in Frenchs Forest. Small fee applies.

Postal Address: Civic Centre, 725 Pittwater Rd, Dee Why NSW 2099
Locality Address: YOYOs Forest Youth Centre
Forestway Shopping Centre
Cnr Forestway and Warringah Rd, Frenchs Forest
(Under the big M sign)
Phone: 9942 2680
Fax No: 9942 2781
Contact: Rob van den Blink, Youth & Recreation Co-ordinator
Email: youth@warringah.nsw.gov.au
Web Address: www.warringah.nsw.gov.au

Northern Beaches Interchange Inc.

Northern Beaches Interchange Inc.

Northern Beaches Interchange Inc. provide respite care services to families who have a child or young adult with a disability under 24 years of age. The service covers the local government areas of Manly, Warringah and Pittwater. Services provided by Interchange – Host Program, Saturday Program, Peer Support Program and Respite Options Program.

Postal Address: 2 Jackson Rd, Warriewood 2102
Locality Address: as above
Phone: 9970 0500
Fax No: 9970 7763
Contact: Carolyn McKay, Manager
Email: nbi@ans.com.au
Web Address: www.nbi.org.au

Disability Day Service

Centacare

A one to one community access service for adults over the age of 18 with a disability. It provides support and training in three broad areas – community access and recreation, training and skill development and pre-employment support. Cost \$4 per hour.

Postal Address: 40 Merrenburn Ave, Naremburn 2065

Locality Address: flexible

Phone: 8425 8700

Fax No: 9913 3334

Contact: Kristen Fitzpatrick, Disability Day Service Officer

Disability Respite Service

Centacare

Provision of respite or 'time out' support for carers of children and young adults with a disability. The service 'steps in' to take on the caring role and activities normally provided by the full-time carer. Respite may take the form of a few hours per week, an occasional weekend, vacation care, community outings or a block of days once a year. Cost- \$3.50 per hour.

Postal Address: PO Box 444, Brookvale Business Centre, Brookvale NSW 2100

Locality Address: Unit 9B, 44 Wattle Street, Brookvale NSW 2100

Phone: 8968 5100

Fax No: 9939 4277

Contact: Janelle Phillpot or Amanda Staples

Intensive Family Support Options (IFSO)

The Spastic Centre

IFSO is a government funded service, which provides an 10 week in home support to families in crisis who have a child or adolescent with a disability. It is a tertiary service and requires a referral from another agency already working with the family. It uses a strengths based model and can help the adolescent and/or other family members determine and work towards their individual goals. IFSO can provide flexible service delivery, depending on the situation (for example hours and location). Common issues include behaviour management, relationship breakdown, advocacy, information and referral.

Postal Address: P O Box 184, Brookvale 2100

Locality Address: 189 Allambie Road, Allambie Heights 2100

Phone: 9975 8474 or 9975 8473

Fax No: 99758467

Contact: Ros Crowe-Mai

Email: rcrowe-mai@tscnsw.org.au

Contact: Jenny Drayton Email: jdrayton@tscnsw.org.au

Northern Beaches School Age Service

The Northern Beaches School Age Service is part of Metro North Disability Services, Department Ageing, Disability and Home Care. It is a multi-disciplinary team that provides services to school age children who have developmental disabilities and their family/carers who live in the Northern Beaches and Lower North Shore Area. The services provided by the team include speech pathology, occupational therapy, physiotherapy, behaviour intervention, psychological assessment including cognitive and adaptive assessments, and social work and case management services. The Northern Beaches School Age Service also has a recreational officer who assists school age children access recreational and social activities in the local community. Services are provided in a range of settings such as school, home and community wherever is most appropriate for the school age client and his/her family.

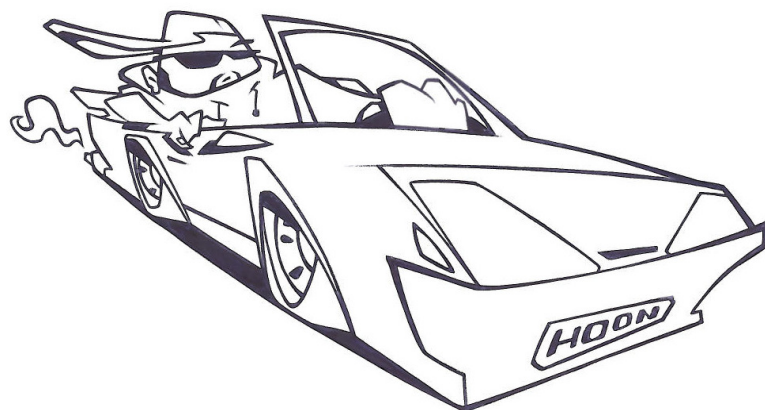
Postal Address: P O Box 341, St Leonards NSW 1590

Locality Address: Level 3, 486-494 Pacific Highway, St Leonards NSW 2065

Phone: 9941 7600

Fax No: 9941 7699

Contact: Intake Officer, 9450 7999



QUICK FIND DIRECTORY

Local Govt Youth Services:

Warringah Council, 9942 2680

Pittwater Council, 9970 1171

Manly Council, 9977 5599

Income & Employment

Centrelink Brookvale (Youth Allowance/Austudy), 13 24 90

Centrelink Careers Information Centre Sydney, 9209 1650

Youth Reach Care & Support Centre, 9971 4358

Accommodation

Crisis/Medium - Taldumande Youth Services, 9953 1765

Medium/Long - The Burdekin Assoc. Dee Why, 8976 1777

Medium/Long - Radio House, 9939 2526

Medium - Phoenix House Youth Services, 9437 0077

Medium/Long - Community Youth Homes, 9417 2059

Adolescent & Family Counselling

Northern Beaches Adolescent Service, Queenscliff Health Centre 9466 2500

Manly Youth Services, Manly Youth Centre 9977 5599

NSW Department of Community Services Chatswood, 9406 9777

Drug & Alcohol Enquiries

Manly Drug Education & Counselling Centre Manly, 9977 0711

Holyoake Spit Junction (for young people living in an affected environment 9904 2700

Manly Warringah Youth Support Service, (Crisis Intervention/Referral) 8968 5100 or
after 5pm Friday or Saturday 0418637731

Northern Sydney Drug & Alcohol Line, 1300889788

Drug Arm Northern Beaches, 9982 1466

Emergency 24 Hour Numbers

Distress Call & Youth Hotline, 1300364004

Kids Helpline, 1800551800

Department of Community Services Helpline, 13 21 11

Alcohol & Drug Services (Counselling/Information), 9361 8000

Legal Aid Hotline, 1800101810

Extended Hours Team (Mental Health, Manly Hospital), 9976 9611

Youth Emergency Accommodation Line (Recorded Message), 9318 1531

Domestic Violence Line (Adults, Over 18), 1800656463

NSW Rape Crisis, 9819 6565

Lifeline, 13 11 14

Salvo Youth Line, 9360 3000

Health & Safety Information

Manly Hospital, 9976 9611

Mona Vale Hospital 9998 0333

Rush, Manly (educational programs on safer sex issues) 9977 2666

Manly Sexual Health Service, 9977 3288

Brookvale Early Intervention Centre (Mental Health Counselling/Support) 9938 5350

Warringah Council Disability Information Service, Dee Why 9942 2686

Family Planning Association Health-Line 1300325886

GLAM (Gay & Lesbian At Manly) Social Support Group 9977 5599

Needle Clean-up Hotline 1300633353

Legal Advice & Information

Police Youth Liaison Officers, Dee Why 9971 3399

Police Youth Liaison Officers, Manly 9977 9439

Legal Aid Hotline for Young People, Sydney 1800101810

(Mon-Fri 9.00am to Midnight, Sat-Sun 12.00pm to Midnight)

Useful Websites

- www.reachout.com.au
- www.kidshelpline.com.au
- www.lifeline.org.au
- www.beyondblue.org.au