



Warringah Council

To comment on this free fortnightly newsletter **Disability “Did You Know?...”**, phone Marjorie Janz, of **Warringah Disability Information Service**, Warringah Library, Pittwater Rd, Dee Why 2099, on 9942 2686 or email janzm@warringah.nsw.gov.au. To start (or stop) receiving this, send an email with “subscribe” (or “unsubscribe”) in the subject line (with your name and telephone number). ISSN 1448-7705 Archived copies of newsletters on www.warringah.nsw.gov.au/services/disability.aspx

*“The door to great change is ajar. It just needs more pushing by more people to open the door.”
- Bill Shorten MP (about the National Disability Insurance Scheme)*

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Training at the Northside Community Forum
Workshop – Introduction “How to select a software (Client Management System) for your service”
ABCD Facilitator Training Workshop
‘Getting The Good Life: From Ideas to Actions’
ADHC Metro North Behaviour Intervention and Support Workshops

Arts Access Australia (AAA) announces the AAA Art Competition

- What?** The artwork can be a piece of existing work or depiction of a work on any theme and from all art forms, as long as an image of the work can be replicated in print - a painting, photo or drawing, photograph of a performance or sculpture, or a film still. Only one proposal per person / organisation.
- Who?** To apply, you need to identify as an artist with disability, be based in Australia, agree to AAA acquiring and licensing the winning work. This includes both established and emerging Australian artists with disability or disability-led companies, both those who work within a disability or deaf arts context and those whose work is unrelated to the experience of disability.
- Prize?** A \$1000 cash prize (includes acquiring and licensing the work), the artist's work will be showcased online, in print, in AAA's new offices and will form part of the organisation's corporate identity (being used on business cards and flyers, for example).
- Apply?** By Friday 1 July, send your name, contact details, and a written, audio or filmed submission (no more than 2 pages / 5 minutes) to info@artsaccessaustralia.org or mail to Arts Access Australia, c/- 222 Bank Street, South Melbourne, VIC 3031. Info from Kate on 0419 201 338 (voice/text).

TransSCRIBE 11 Young Writers Competition 2011

Undiscovered creative writers in NSW aged 12-24 years are invited to write about opportunities and challenges facing young people in a multicultural society on the theme: "Half way home". Entries can be any form of writing, like fiction, non fiction, poetry, journal entries or letters. A maximum of 2000 words, by email or uploaded on the TransSCRIBE website www.dhi.gov.au/tmhc/transcribe by 1 August.

1. Topic 1: Write about a young person living with and/ or recovering from mental health issues either personally, in their family or with their friends.
2. Topic 2: Write about a young person from a culturally and/or linguistically diverse community and their journey to or within Australia and how this has shaped their view of the world they live in.

Three categories: age 12-15, 16-18, 19-24. For each category there are prizes: 1st \$300 voucher, 2nd \$200 voucher, 3rd \$100 voucher, Silver awards (5 runners up) \$30 voucher. All entrants receive a certificate. Special award for the school with the most number of entries

Focus on Ability Short Film Festival

- What?** Entries are open for the 3rd Annual Focus On Ability Short Film Competition. There are 2 categories for entrants; Schools category and Open Entrants. The purpose is to raise awareness of people with a disability. The brief is to 'Focus on the Employ ABILITY' of a person with a disability.
- When?** Entries close 30 June 2011. Film duration of 5 minutes.
- Prizes?** \$5000 First Prize, \$1500 Runner-Up in each category.
- Info?** Check out the website at www.focusonability.com.au. See the entries of previous years.

Invitation to join Theatre Project in Lane Cove

- What?** Recreation Rendezvous is starting a one-year theatre project for adults aged 18-64 with disabilities of any level. The group will decide the name of the project. Larry Boyd, an experienced drama teacher and artistic director, will teach new skills of movement, acting, voice, music and stage craft, as well as imagination and creativity. This is an enjoyable way to meet new friends and spend quality time in friendly and relaxed atmosphere.
- When?** Wednesday, 6 - 8pm, starting 20 July and continuing to June 2012.
- Where?** The Lane Cove Seniors Centre, 180 Longueville Road, Lane Cove.
- Cost?** \$12 per workshop, to be paid in advance for a minimum of 5 sessions.
- RSVP?** Phone Olga, Senior Recreation Lifestyles Consultant, on 9420 8555 or olga@recrend.org.au.

Accessible Dance – Sydney and Castle Hill

- What?** Dance classes for adults (aged 16+) with a mild or moderate disability are run by experienced teacher Kirsty Fromholtz. Participants to wear sneakers or jazz shoes and non-restrictive clothing, bring water. The HIP HOP class at The Rocks involves learning and creating choreography.
- Where?** * Accessible Arts training room, Pier 4, Hickson Rd, The Rocks NSW 2000. Access via entrance driveway on the lefthand side. Fully accessible.
* Interactions Disability Services, 11 Hudson Rd, Castle Hill NSW 2154
- Cost?** \$18 per casual class or \$150 per 10 class block. Discount if attending both classes at The Rocks venue.
- RSVP?** Phone 0402 644 510 or email kirsty@kirstydance.com.au. See www.kirstydance.com.au.

Watch the Merry Makers “Dancing To Disney” on ABC Compass online

This program followed the dance troupe "The Merry Makers" as they prepared for their first ever overseas performance at Disneyland in California. The dancers are children and adults aged 7 to 57, with disabilities including Down Syndrome, Autism and Cerebral Palsy. Many of them, accompanying parents, carers and helpers describe it as 'an adventure of a lifetime'. Episodes of Compass can be viewed online for three months after broadcast on 15 May at www.abc.net.au/compass

Asteen – Social Club for Teens with Aspergers Syndrome

What? Teens aged 13+ with Asperger's disorder attend functions, socialise and make friends at outings organised by parents throughout Sydney every two weeks. Parents are required to attend with their teen, and siblings and friends are welcome. Coming events are Vivid Lights in the City, Games afternoon at Beecroft, Hitchcock movies Horror Night and sausage sizzle, Play at the Sydney Theatre Company, Dinner At Manly and Quarantine Station Tour, Party.

Info? Phone Christine on 0413 781 626 or email christineayo@optusnet.com.au or Lyn Starr on 0408 445 019 or at randlstarr@bigpond.com. Communication via Yahoo group mail, contact list and calendar emailed to members. Cost is the outing itself.

CARERS

Young Endeavour 2011 – an Adventure of a Lifetime

What? Rothschild Australia sponsors one young carer (aged 16-23) through the Carers NSW Young Carer Program each year - an all expenses paid, 11-day voyage aboard the tall ship Young Endeavour. The Young Endeavour Youth Scheme has provided voyages for young Australians on its Young Endeavour tall ship since 1988. No sailing experience is necessary. Young carers in previous years have reported life-changing experiences and lasting friendships – www.youngendeavour.gov.au/site/profiles.php.

When? 13-23 August 2011.

Where? Leaving Newcastle on 13 August, arriving Brisbane on 23 August.

RSVP? To apply, the application at www.youngcarersnsw.asn.au/Documents/2264_Application.pdf should be returned to Carers NSW by Friday 3 June. Fax 9280 4755, Post to Carers NSW, PO Box 20156 World Square, NSW, 2002 or email to yc@carersnsw.asn.au.

“Soundtrack to My Life” - Win Skullcandy Headphones and \$100 worth of CDs

The website www.biteback.org.au is running a competition for youth aged 12-18, who want to tell The Black Dog Institute their favourite songs in 6 categories, and the reasons why. The best entry in each category wins the headphones and CDs. Entries close 31 May. BITE BACK is a project of the Black Dog Institute, a not-for-profit, educational, research, clinical and community-oriented facility offering specialist expertise in depression and bipolar disorder. The website is developing new interactive modules that welcome feedback – email m.quah@blackdog.org.au or phone 9382 8320 to talk with Mei Li on, Project Manager, Youth Initiatives / Community Programs.

Source: Young Carers NSW – May 2011 newsletter

Aspect Siblings Camp - October 2011

What? Young teens aged 10-16 who care for a brother or sister with autism or Asperger's are invited to apply for this camp. There will be lots of fun activities (art, craft, water sports etc) as well as opportunities to meet other young carers like you.

When? Tuesday-Thursday 4-6 October 2011.

Where? Namaroo Conference Centre, Chatswood.

Cost? To be confirmed.

Register? Obtain, complete and return an application form by 30 June. For information, contact Beth on 8868 8500 or email bdelrosario@autismspectrum.org.au.

Free Dementia Information Sessions for Family and Friends in Hornsby Ku-ring-gai

What? Sessions deal with What is Dementia? Effective Communication, Coping with Challenging Behaviours, Planning for the Future: Local Community Support Services and Legal Issues.

When? Wednesdays 8, 15, 22 and 29 June, 10:30am - 12:30pm.

Where? Community Hall, McQuoin Park, 28 McAuley Place, Waitara.

RSVP Essential to register - call Mary Clifton, Dementia Advisor on 9811 5250 or 0434 605 685.

Bradfield Park Program for Carers of People with a Mental Illness

- Wed 22 Jun, 6.30pm – 9pm, Public Forum - Topic to be announced.
- Wed 1 Jun, 11am–1.30pm - Orpheum Film & Lunch “Oranges & Sunshine
- Wed 8 Jun, 10.30am–2pm - Mens Group Lunch, Gourmet Sausage Making 11-1, then partners invited to lunch
- Tue 14 Jun - Art Gallery of NSW - 10.30am Tour of Archibald Exhibition, Lunch provided; 12.45pm Tour of New Contemporary Gallery featuring the John Kaldor Family Collection. Own transport to/from Gallery.
- Sat 18 Jun, 4pm-9pm - China Town Cooking Tour & Dinner
- Wed 29 Jun, 11am–1.30pm - Orpheum Film & Lunch “Water for Elephants”
- Sun 26 Jun, 1pm–4pm - State Theatre - The Legend of Shangri La, The Chinese Rhythm & Dance Sensation

Where? Kirribilli Community Centre, 41 Alfred Street, Milsons Point 2061 unless otherwise noted.

RSVP? Essential to contact Mary Ann Fry on 8920 0675 or Maryann.Fry@kirribilli.org.au.

Mosman Consultation with Parents / Carers of Children Young Adults with Disability

What? Parents and carers are invited to this important consultation on the needs of children and young adults with a disability in the local area, and the support available for parents in their caring role. Information will be available on Council's Children's Services and parent and carers' support. Interest will be canvassed in a local mutual support group for parents. Light refreshments served.

When? Tuesday 14 June, 6.30pm.

Where? Mosman Seniors' Centre, Mosman Square (Adjacent to the Civic Centre), Mosman.

RSVP? By 9 June, contact Dianne Page on 9978 4125 or email d.page@mosman.nsw.gov.au.

Reminder: “Engaging Adolescents – Parenting Skills”

What? This is run for parents and carers by Parentshop® licensed practitioners Jacqui Marquis-Conder (local private practicing psychologist) and Kirsty Winn (adolescent and family counsellor in a non-government organisation), both with more than 5 years experience working with adolescents and their families in various settings.

Where? Manly Library meeting room, 1 Belgrave Street, Manly.

When? Three-session program on 2 & 9 & 16 June, from 6:30pm-8:30pm.

Cost? One parent \$60, two parents / friends \$100.

RSVP? Bookings are essential - email Jacqui at Youth Psychology on jacqui@youthpsychology.com.au by 30 May. See www.parentshop.com.au.

FUNDRAISING / FINANCIAL ISSUES

Carer Allowance

This is a supplementary payment of up to \$110 per fortnight for parent / carer providing daily care / attention for an adult or child with a physical / intellectual / psychiatric disability or frail age. You can take a break from caring for up to 63 days per calendar year and still be eligible for Carer Payment and Carer Allowance. Tell Centrelink if you are taking a break from caring for any reason; special rules apply if you are leaving Australia.

Medicare Chronic Disease Dental Scheme - to \$4250

This scheme allows chronically ill people who are being managed by their GP under an Enhanced Primary Care (EPC) plan to access Medicare rebates for dental services. Under the Medicare chronic disease dental scheme, Medicare benefits are available for most services provided by a dentist, dental specialist or dental prosthetist in private dental surgeries. To receive a Medicare benefit for dental services, a person first needs to meet certain eligibility criteria and be referred by their GP to a dentist. If a person, or the carer, believes they fulfil the criteria, they should talk to their GP about whether they are eligible for these plans. For information, see www.health.gov.au/dental.

For Sale: Car modified to Drive with Hand Controls

Mazda Astina; 5 door hatchback; 1999 model, 106,000 km, one owner, well looked after and in excellent condition. Rego to November 2011. \$6000 or nearest offer. Located in Brookvale. Email mooyaart@aapt.net.au or phone 9938 6875 for information.

For Sale: Power operated Shower Trolley

Reval Crystal. Adult size (maximum lifting capacity 160kg). Includes Sealed Batteries and automatic charger, Height adjustable, Manual tilt adjustment, Tilts vertically for storage, Headrest Wedge, Drain plug, Removable foot end, Sides fold down- for easy access and cleaning, Can be used as change table too. Excellent condition - bought new 14 months ago, used for 9 months. Retails for \$7,500 and now for sale for \$5,500. Contact Shannon on 0431 972 044 – collect from Northern Beaches.

For Sale: 2009 Toyota Tarago ACR50R MY09 GLI- Wheelchair Converted

Disabled vehicle fully converted by Freedom Motors Australia (conversion \$30,000 plus on top of vehicle price). Seven seats plus space for wheelchair in middle of middle row (so wheelchair user can be included in family conversation, plus has a clear view out the front). 32,000 kms. Large spring on ramp for easy lifting. Air suspension on rear for carrying heavy loads. Fitted with electric restraints so when you push in the wheel chair the restraints automatically roll into vehicle body. All tiedowns and restraints are new and are fully adjustable. Rear fold-down bench seat. Great car to drive, comfortable. Excellent condition, as new. Toyota reliability, still under warranty. Fixed price servicing. Replacement vehicle would be in excess of \$80,000. Genuine reason for sale. Price \$65,000, all reasonable offers considered. For photos, see www.carsales.com.au (wheelchair converted). Contact Allan on 0419 297 457 / 9979 3208ah or Shannon 0431 972 044.

Job: Paid Bus Driver - from Hornsby to assist Teens on School Bus

Bus run from Hornsby to Cromehurst School, Killara via Beecroft – Eastwood – Ryde for 6 children/teens with disabilities. This run has a Support Travel Officer to supervise the passengers. For 2 days of 4.5 hours daily (7am-9.30am, and 2.30pm-4.30pm) during school terms at negotiable wage. Desirable that driver lives near Hornsby area. Position available immediately after Police & Prohibited Persons check clearance. Phone Ron Horan (bus owner/operator) on 0412 230 221.

AGL Warmth in Winter 2011 – Applications Open

Any service that provides emergency or crisis accommodation (up to 3 months continuous) for vulnerable Australians on a short term basis is invited to apply for Warmth in Winter funding assistance for their energy bills. Applications close on Tuesday 14 June. This frees up valuable funds that can be redirected to other essential services. The eligibility criteria and application form can be downloaded from www.agl.com.au/Downloads/AGL%20Warmth%20in%20Winter%202011%20application%20form.pdf. For information, phone 9921 2753.

Quantum now has an Online Shop

The Online Shop will feature most of Quantum's new product ranges including Optical Magnifiers and Lighting products, and free shipping is offered on every online order for a limited time only. Click onto www.quantumrlv.com.au/shop to see products available. Also, registration for the newsletter can be made at www.quantumrlv.com.au.

RESOURCES

Parent Line NSW – 1300 1300 52 – www.parentline.org.au

Parent Line NSW, a service provided by CatholicCare, has been funded by Ageing, Disability and Home Care (ADHC) to include the Early Childhood Intervention Information Service within its current information service. This funding will enhance the current service provided by Parent Line to address the information, counselling and emotional support needs of families with a child or young person with a disability, aged 0-18 years. It will assist families to link with a range of mainstream and disability specialist services within their communities. Parent Line operates for 24 hours, 7 days per week, and is staffed by a team of trained professional counsellors with qualifications in social work, psychology, education, health and social welfare.

The Fragile X Association of Australia have moved Location

As of Tuesday 24 May, the office is at Suite 6, Level 3, 39 East Esplanade, Manly NSW 2095. Unchanged are the phone number (9977 0074) and fax (9976 2396). Support 0409 987 012 or by email on support@fragilex.org.au. See www.fragilex.org.au.

Useful Centrelink Numbers

Carers and disability services 13 2717

Social work services (domestic / family violence, homelessness, bereavement, personal concerns, referral to housing / health/ emergency relief / legal support) 13 1794

Language other than English 13 1202

Indigenous calls 13 6380

Financial information 13 2300

Customer relations (suggestions, complaints, compliments) 1800 050 004

All the 13 numbers are the price of a local call; the 1800 number is free.

Booklet: Leisure for youth and adults with disabilities on the Northern Beaches 2011

This free yellow-covered A5 size book has 44 pages of details of recreation and leisure activities for people with disabilities aged 15+ in and around the Northern Sydney area. Sections deal with accessibility, leisure (art, craft, dance, drama, gardening, music), communication (colleges, libraries), holiday camps, social clubs and groups, sport activities, transport and the LINCS database. For your copy, email Marjorie on janzm@warringah.nsw.gov.au or phone 9942 2686.

Booklet: Services for Children aged 0-6 Years with Additional Needs 2011

This free booklet lists details about services available to Northern Beaches residents relating to: advocacy, assessment and referral, child care, early childhood health centres, early intervention, equipment and aids, family support (parent groups, counselling, general), financial issues, fun, information (and LINCS database), playgroups, preschools, respite, siblings, transport. Many services are available to parents / carers / services throughout the Northern Sydney region. For your copy, phone 9942 2686, email janzm@warringah.nsw.gov.au.

National Simultaneous Storytime reading of 'Feathers for Phoebe'

If you were unable to join 170,000 children on Wednesday 25 May at 11am AEDT, you can still enjoy the book online. As part of the annual national literacy campaign in more than 1100 locations, children read / heard "Feathers for Phoebe" by Rod Clement, an Australian tale about self-esteem, self-acceptance, and learning that appearances aren't everything. See www.alia.org.au.

You can download an animated, fully-voiced podcast of "Feathers for Phoebe" in different media formats:

- For display on Interactive White Boards and Data Projectors. TIP: Right click on the link and select 'Save Link As / Save Download As'. Download Podcast:
 - in MP4 Video (QuickTime 102MB) (www.alia.org.au/storytime/resources/NSS2011Podcast.m4v)
 - in AVI / DivX (Windows 89MB) (www.alia.org.au/storytime/resources/NSS2011Podcast.avi)
- Watch the Podcast on YouTube (www.youtube.com/watch?v=BIPDb2H6Ppo)
- Download an MP3 version (MP3 7.8MB) for use on eReaders and other electronic book (www.alia.org.au/storytime/resources/NSS2011AudioBook.mp3)

YOUR PARTICIPATION COUNTS

Warringah Supports the Every Australian Counts Campaign

On Tuesday 24 May, the Council became the first council in NSW to "show its official support for the 'Every Australian Counts' Campaign and hence a National Disability Insurance Scheme through noting Council's support and promoting the campaign on Council's website."

This followed a lively forum on the previous Wednesday - opened by Mayor Michael Regan and chaired by Daniel Kyriacou, NSW Campaign Coordinator, with a panel comprising Andrew Richardson (Managing Director, the House With No Steps), Sue O'Reilly (Journalist and parent of a child with a disability), and Jo Ragen (Senior Research Associate and lecturer, Faculty of Health Science University of Sydney).

Have you already signed up for Every Australian Counts? It's easy! And important!

At 5pm on Friday, only 26,505 people had signed up on the official website. You can boost this number at www.everyaustraliancounts.com.au by clicking on the red box "Count Me In TAKE ACTION" to type in your name, email address and postcode. When you've done that, a form will pop up so you can email your friends to do the same. If you enjoy social networking, you can also click onto the campaign's Facebook and Twitter accounts.

Volunteers Needed at Riding for the Disabled Association (RDA) at Marsfield

- What?** The new premises will open in July 2011. Instructors and volunteers assist children (from age 4) and adults with disabilities to enjoy the therapeutic value and mental stimulation of riding horses, supported by trained coaches. People need a doctor's certificate after acceptance on program. Fees depend on the class.
- When?** Office Mon-Fri, classes some days.
- Where?** Marsfield Park, Culloden Rd (opposite Macquarie Univ), Marsfield NSW 2122.
- Info?** Phone 9868 2223 or email ryde@rdansw.org.au. See www.rda.org.au. Mail to: Secretary, RDA - Ryde Centre, PO Box 3821, Marsfield NSW 2122. Contact the Ryde coordinator Robin 0430 222 008, volunteer coordinator Jenny 0450 355 144.

Nomination Time for the 2011 National Disability Awards are Extended

The new closing date is now 5pm AEST Friday 29 July. These awards celebrate International Day of People with Disability by recognising people with disability who have achieved something remarkable or made a significant contribution to their community, and people or groups within the community who have contributed to the disability sector or improved access and inclusion. To nominate, download a nomination form and guidelines at www.idpwd.com.au, or call 1800 440 385 to order hard copies.

The 2011 Award categories are:

- **Minister's Lifelong Achievement Award** recognises people who have advanced the rights of people with disability over a prolonged period of time.
- **Young Disability Challenge Award** recognises young people aged 12-25 years who have advanced the rights of people with disability.
- **Business Award** recognises organisations that have improved access to employment, or created increased employment opportunities for people with disability.
- **Local Government Award** recognises work in a community that provides opportunities for full inclusion of people with disability.
- **Social Inclusion Award** recognises schools, universities, employment and training providers and advocacy services who have enabled equal participation of people with disability in various areas.
- **Inclusive and Accessible Communities Award** recognises work by developers, builders and others in the building sector to create accessible buildings or facilities for people with disability.
- **Health and Wellbeing Award** recognises health and wellbeing services that are creating equal access for people with disability.

You can also show your support for the Awards and the International Day of People with Disability by becoming a Facebook fan at www.facebook.com/idpwd or following on Twitter at www.twitter.com/idpwd

CONFERENCES, TRAINING, SEMINARS

Reminder: Free North Sydney Seminar – Enhancing the Links

- What?** This is for staff from schools, TAFE, university, Government, Community and other Agencies: Partnership Brokers, Australian Apprenticeships Centres, DEEWR funded Employment Service Providers, Transition to Work and Community Participation Program Providers, ADHC staff involved with transition of students with disabilities, chronic medical conditions, mental illness, or learning difficulties. Expert practitioners will discuss post school pathways and options for students: Key Messages and Transition Workbook, ADHC Post-School Programs for Year 12s – overview ADHC, Accessing Employment services & Workplace modifications, Apprenticeships and Traineeships, Client Panel TTW & CP Programs, Studying at TAFE, Steps to University Study. <http://ndco.cds.org.au/index.php/enhancingthelinks#North>.
- When?** Tuesday 31 May, 9am registration for 9.30am-3.30pm.
- Where?** Ryde-Eastwood Leagues Club, 117 Ryedale Road, West Ryde.
- Cost?** Free; subsidised by the National Disability Coordination Officer Program. Morning tea and lunch will be provided.
- RSVP?** Registration is essential at <http://ndco.cds.org.au/index.php/enhancingthelinks> For information contact National Disability Coordination Officer, Timothy Hart, on 8878 0514 or email t.hart@sydney.edu.au.

NOTE: A similar seminar is occurring at the **University of Newcastle** on Wednesday 29 June, 8am registration for 9am-3.30 pm. Register at www.surveymonkey.com/s/ETL2011. Information at www.newcastle.edu.au/ndco/staff-resources/enhancing-the-links.html

Source: *Disability Education & Employment – May2011 newsletter*

Practical Computer Course for Women

- What? Working with your photos is a great way to build your computer skills for home and business or volunteer work. Topics include file organisation (naming, saving, finding and storage), using photo editing programs (to crop, fix red eye etc), sending photos (uploading, downloading to sites and attaching to emails), slides show and power point presentation, creating documents using your photos eg invitations, fliers, newsletters
- When? For 5 Wednesdays in June, from 1-29 June, 9am -1pm.
- Where? Crows Nest TAFE College, 149 West Street, Crows Nest.
- Cost? \$180.
- RSVP? Information and registration by contacting Robyn Woolley, Digi-Girls Program Coordinator, on 9448 4429.

HACC Sub-Regional Meeting - Northern Beaches

- What? Guest speaker will discuss DoHA NSW, Community Care Partnership Section: HACC Transition, as well as information sharing by participants, and reports by the HACC Development Officer, ADHC, CALD, Social Inclusion Working Party, Volunteer Project Officer.
- Where? Pittwater Rugby Park, North Narrabeen Reserve - 1472 Pittwater Road, Warriewood - bounded by Pittwater Road to the west and Walsh Street to the south. Access to the park is via Pittwater Road and Walsh Street
- When? Wednesday 8 June, 8.45am for 9am – 11am.
- Info? Contact Angela on 9942 2563 or email angela.doolan@warringah.nsw.gov.au.

Teen Triple P Seminars in Mosman

- What? Presented By Northern Sydney & Central Coast Child and Adolescent Parenting, Teen Positive Parenting Program is an evidence-based program of three seminars for parents and carers to understand their teenager, and how to build a positive relationship with them. Free seminar refreshments provided.
1. Raising responsible teenagers - for promoting positive family relationships and a healthy life. Wednesday 8 June, 6:30pm-8:30pm.
 2. Raising competent teenagers - for helping teenagers make the most of their time at school. Wednesday 15 June, 6:30pm-8:30pm.
 3. Getting teenagers connected - finding ways to encourage teenagers to become involved in socially appropriate activities with supportive friends. Wednesday 22 June, 6:30pm-8:30pm.
- Where? Mosman Youth Centre, 30 The Crescent, Mosman (under Library).
- RSVP? Bookings are essential - phone Centacare on 8425 8700 or email Victoria.kean@dbb.org.au.

Vocational Services Expo 2011 for Mental Health Northern Sydney Region

- What? The National Disability Coordination Officer Programme (NDCO) and the Northern Sydney Local Health Network (NSLHN) invite all to an Education and Employment Expo, where people can talk to a number of service providers, as well as hear speakers from TAFE, Centrelink, CRS Australia, Psychiatric Rehabilitation Association and a number of other mental health experts.
- When? Wednesday 22 June, 9.30am-3.30pm.
- Where? Dougherty Centre - Auditorium, 7 Victor Street, Chatswood.
- Info? See <http://ndco.cds.org.au/index.php/vocational-service-expo>. Enquiries to Marianna Wong (Vocational Coordinator, Northern Sydney Local Health District (NSW Health), Mental Health Drug & Alcohol) at mawong@nscchs.health.nsw.gov.au or Timothy Hart at t.hart@sydney.edu.au.

School Leavers Expos showcasing ADHC Program Providers

- At the **Wyong** RSL on Monday 20 June, 6pm-7.30pm. For information contact Tracey Scheitel, DET Support Teacher (Transition), 4358 2091 or email tracey.scheitel@det.nsw.edu.au
- At the Glenvale School at Narara (**Gosford**) on Wednesday- 22 June. For information contact Cherie Risti, DET Support Teacher (Transition), 4325 0792 or email cheri.risti@det.nsw.edu.au.

Training at the Northside Community Forum

- Effective Conflict Resolution – 2 June, 9.30am-4pm.
- Speak Up Speak Out – public speaking – 9 June, 9.30am-1pm.
- Dementia and Physical Disability – 21 June, 9.30am-1pm.
- HACC Orientation Day 1 – overview, difference between HACC, CACPs, EACH and other community care programs, referrals. 22 Jun, 9.30am-4pm
- HACC Orientation Day 2 - accountability requirements, Funding Agreements and Service Description Schedules, 29 Jun, 9.30am-4.30pm,
- Skilling Up the Workforce Phase 1 – for middle managers and supervisors with some performance management/ career pathway responsibilities. 5 Jul, 9.30am-4.30pm
- The Person-Centred Approach to Managing the Behavioural Symptoms of Dementia – for care workers, 12 Jul, 9.30am-12.30pm.

Where? Northside Community Forum Inc, Level 3, 1 Chandos Street, St Leonards.

Cost? Per course (unless noted as 'no fee'): \$20 HACC service workers & non-HACC volunteers, \$60 Non-HACC workers

Info? For information, phone 8405 4444 or email ns-haccdo@nsforum.org.au. For registration form, see www.nsforum.org.au/files/Training/Registration-Form.pdf

Workshop – Introduction “How to select Software (Client Management System) for your Service” – Disability & HACC

What? If you are looking for software (Client Management System) for your service, this will explain how to select software and enable service providers to have an effective management system, that will also meet funding obligations with funders, including MDS report. Rebecca French, a researcher and a consultant of Records & Information Management for non-profit organisations in Victoria. This workshop does not recommend any software programs.

When? Tuesday, 28 June, either morning 9:30am-12:30pm, or afternoon 1:30pm-4:30pm.

Where? Aged Community Services Assoc of NSW & ACT, Level 3, 9 Blaxland Road, Rhodes 2138.

Cost? Free for HACC/Disability funded service providers.

RSVP? To register, obtain a registration form and return to Kazu Imai at Kazul@agedservices.asn.au or fax 9743 4556. Enquiries to Kazu, Aged & Community Services Association of NSW & ACT, at 8754 0410.

ABCD Facilitator Training Workshop

What? Presented by Ted Smeaton of Inspiring Communities and the ABCD Institute, this workshop examines facilitation and training approaches and skills, in-depth understanding of the philosophy and practice, shifting the development mindset from needs and deficiencies to assets and capacities, mapping and connecting the diverse range of community assets, harnessing connected assets to build a hopeful future for community, identifying roles for all levels of governments and community organisations in supporting local ABCD initiatives, in-depth understanding of ABCD tools and resources. Ted has developed and implemented Community Building projects throughout Australia, New Zealand, Asia and Africa.

When? 12-13 July, 9am-4.30pm.

Where? Ibis Melbourne, 15-21 Therry Street, Melbourne VIC 3000 (phone 03 9666 0006),

Cost? Early bird fee (to 13 June) \$495, Full fee \$550 (both incl GST).

RSVP? Registration form can be obtained from Ted@inspiringcommunities.com (PO Box 589, Wyong 2259) or phone 02 4323995 or 0417 402 669. See WWW.inspiringcommunities.com.

'Getting The Good Life: From Ideas to Actions'

What? The 5th International SRV (Social Role Valorisation) conference addresses the question of what it takes to secure 'The Good Life' for those people who live lives apart from society, with the themes: Belonging; Meaningful and Sustainable Relationships; Contribution. International keynote speakers include Susan Thomas, Ray Lemay, Janet Klees, Mike Rungie, Michael Kendrick, Guy Caruso and Jo Osburn. Local and overseas speakers will also teach, learn and share on how devalued people can authentically experience the good life.

Where? Canberra.

When? 21-23 September.

Info? See the Programme and Registration forms at www.imaginebetter.co.nz/srvconf_intro.php.

Note: The Conference coincides with Canberra's yearly Floriade so accommodation will be scarce.

P 9 **Warringah Disability Information Service**, Warringah Library, Pittwater Rd, Dee Why 2099

Phone 9942 2686, fax 9942 2371 or email Marjorie.Janz@wls.nsw.gov.au ISSN 1448-7705

The Department of Human Service's Ageing Disability and Home Care (ADHC) Metro North Behaviour Intervention and Support Workshops

Venues

Achieve Australia, Level 4, 2 Rowe Street, Eastwood. Free carparking, nearby train and bus.
ADHC Chatswood, Level 6 -12 Help Street Chatswood. Limited parking. Nearby train and bus.
ADHC Hornsby, 110 George Street Hornsby. Near Hornsby station, <3 hrs parking Westfield
ADHC Parramatta, Level 5, Conference Rooms 2 & 3 – 93 George Street Parramatta
ADHC Penrith, Conference Room, 295 High Street Penrith. Near Penrith station. Nearby parking.
Cerebral Palsy Alliance Ryde, 3a Smalls Road, Ryde 2112 (off Quarry Road!). Poor public transport.
IDS, Building 2, 11 Hudson Avenue Castle Hill (Enter via Salisbury Road!) Carpark nearby.
Sunnyfield, Capital Business Park Unit B4, 1-3 Rodborough Rd, Frenchs Forest. Carparking, bus.

To register or for information, email : BISevents@dhs.nsw.gov.au with name, position, organisation.
All events (except Introduction to Person Centred Thinking) require a **gold coin donation**.

BIS Workshop and Presenter/s	Venue	Date / Time	Attendees
Preparing for Work - Audrey Housbey	Cerebral Palsy Alliance, Ryde	Fri 10 Jun, 9.30am-3pm	Carer, family, client
What is a Restrictive Practice? Nathan Olsen & Angela Goddard	ADHC Hornsby & ADHC Penrith	Fri 10 Jun, 9.30am-12.30pm	Clinician, direct care staff
An Introduction to Yoga for Building Stress Resilience - Dr Latha Nithyandam	ADHC Penrith	Fri 10 Jun, 9am-1pm	Clinician, direct care staff
Writing Effective Incident Reports - Sande Yatawara	ADHC Hornsby	Tue 21 Jun, 10am-1pm	Direct care staff
The Impact of Challenging Behaviour on Individuals and Support Teams - Tom Traae	Sunnyfield, Frenchs Forest	Tue 28 Jun, 10am-12noon	Support staff, team leader, manager, allied health staff
Extending the Social Story - Alan Conradi	ADHC Parramatta	Thu 23 Jun, Fri 22 July 9.30am-2.30pm	Family, clinician, direct care staff
An Introduction to Person Centred Thinking - Kimberly Dickens and Steve Gholab - \$100 per person	IDS, Castle Hill	Wed-Thu 29-30 Jun, 9am-5pm	All staff
ADHC Behaviour Support Policy & Practice Manual - Katie Hill	ADHC Chatswood & ADHC Parramatta	Tue 5 Jul, and Thu 14 July, 9.30am-12.30pm	Family, clinician, direct care staff
Working with Challenging Behaviour - Jessica Lewis	Achieve Fdtn, Eastwood	Tue 12 Jul, 9.30am-12.30pm	Family, direct care staff
Working Systemically with Families - Kimberly Dickens and Ric Bless	IDS, Castle Hill	Tue 19 Jul, 10am-2.30pm	Frontline staff
"How I can say this....?" – Successfully articulating need and promoting strengths and individuality - Cara Targ	ADHC Parramatta	Tue 26 Jul, 9.30am-12.30pm	All direct support staff, anyone
Transition Workshop - Debra Corfield	ADHC Chatswood	Thu 28 Jul, 9am-4pm	Any staff
Common Legal Issues - IDRS	ADHC Parramatta	Fri 29 Jul, 9.30am-4pm	Direct care staff

